

## TRIONA'S TRENDS

### For 'Kiss Me' Lips

So we're in the middle of doing new make-up trends, but there's one trend that's always in fashion — kissy lips, especially with Valentine's Day just round the corner!

On the catwalks, the hippest lips of the moment are natural or nude-coloured, so the "red alert" of last season, when red lipplie made a comeback, is over.

Nude lips require a lot of attention, so arm yourself with your lip-kit essentials: a baby's toothbrush, the best lip balm you can find, a nude lip pencil, and clear or nude lipplie. To keep your lips super soft and smooth, apply a moisturising lip balm like Eve Lom's Kiss Mix, near right, €22, a rich, glossy formula that moisturises and protects.

Using a baby's toothbrush in circular movements, exfoliate lips.

leaving them flake-free and soft. Do this once or twice a week. Finish with more lip balm.

The best nude lip liner, I think, is by Mac, top right, €17 — specifically its famous Spice. Apply with your lip balm for a subtle look, or, if you prefer a bit more colour, like myself, check out Lancôme's Colour Fever Lip Gloss, below, €18, in 208 or 306. The heart-shaped applicator gives lips great definition.

Now pucker up, my pretties!



## BEAUTY DUTY

Hmm... I've always found plenty of ways to occupy myself in the shower.

Even when the hot water's used up — and now that my boyfriend's gone, I still manage to steam up the loo!

I wash away sins with Elave

Shower (€4.49, [www.elave.ie](http://www.elave.ie)).

Elave is made with a gorgeously gentle formula, which cleanses without drying or irritating, leaving the skin wonderfully fresh and clean.

Unlike my mind!

## FOR SEXY SMOOCHERS

For seriously plumped-up lips, this all-in-one kit from Too Faced, below right, is the dog's whatsis.

The Too Faced Lip Injection kit, a personal lip-plumping kit, contains everything a Hollywood starlet (or a lady like you or me) needs for achieving full, fabulously juicy lips. This celebrity secret has enhanced the puckers of countless red-carpet-strutting stars. Now you can ensure your pucker is plumper without a trip to see Dr Collagen.

Too Faced's famous Lip Injection has an exclusive formula enriched with unique energising and blood-flow-stimulating properties that fill the lips with a lasting rush of blood and oxygen to create the sexiest pout this side of a plastic surgeon's office. To use, simply coat your pout with original Lip Injection for instant

fullness, then treat your lips to long-term plumping effects with Lip Injection Extreme.

Next, leave your lips fat, moist and smooth with Lip Injection Mask and then top it all off with some Techno-color lip shades.

Kiss kiss!  
€30, House of Fraser



## GREAT TREATMENTS

My best friend Maureen and I have a secret code. For example, an ear tug while smiling at Random Bar Guy means: "He's a langer — save me!"

To outsiders, our code may seem complicated. But it's nothing compared to some of the beauty treatments available these days! That's why I really rate experienced registered nurses Sinead Gallagher, right, and Jeanette Dianne, far right, the team behind Renew Aesthetic Clinic. Staffed by health-care professionals, Renew offers a

whole range of personalised aesthetic procedures, from colonic hydrotherapy to facial fillers, Endermologie to Botox.

Get the message...?  
Renew Aesthetic Clinic, Convent Close, D2, tel: (01) 661-9261 or see [www.renewclinic.ie](http://www.renewclinic.ie)



## CULT PRODUCT

Do you hate Cryday the 13th? You know, the day before Valentine's Day when you don't have a boyfriend? Think of it as just another day to look (and go find someone) gorgeous!

Rush Hour, right, from Benefit can help. It's basically a lipstick you can also dab on your cheeks — something I've been doing for years and my mother before me! But it's much smoother than lipplie and comes in a great, universally flattering shade called

Sunberry. It can be used on lips, cheeks and even eyes. Perfect for the gal on the go-get!  
€24, Brown Thomas, Arnotts and BTZ



## TRIONA'S V-DAY JOKE

Here's a good Valentine's Day joke.

Jonny decided to buy his new girlfriend a Valentine's gift: a pair of gloves. Not too romantic; not too personal. He went shopping with his girlfriend's sister Jenny and bought a pair of white fur-lined gloves.

Jenny bought a pair of knickers for herself at the same time and somehow when they were being wrapped, Jenny got the gloves and Jonny got the knickers!

Without checking, Jonny sent his package to his new girlfriend with the following letter:

"Dear Sally,  
I chose these because I've noticed that you don't wear any when we go out in the evenings.

"If it had not been for your sister, I would have chosen the long ones with buttons, but she wears shorter ones, which are easier to remove. I had her try yours on for me and she looked really smart in them, even though they were a little tight on her.

"I wish I was there to put them on for you the first time, as no doubt many other hands will touch them before I have a chance to see you in them.

"All my love,  
"Jonny."